



**Triton has an amazing fitness facility?**

Located on the lower level of the R Building, the Fitness Center offers a large selection of cardio and strength equipment, as well as free weights and barbells. Want to take a fitness class and earn college credit? Ask your advisor about PED 106 or register through your portal!



**ADVISOR HIGHLIGHT**



**EWA PALUCH**  
Academic Advisor

**Supported Programs**

- Pre-Nursing
- Nursing
- Nurse Assistant

**Fun Fact**

I love growing vegetables, flowers and herbs from seeds.

**Favorite Spot on Campus**

Botanical Garden.

**GUIDANCE SPOT**

**WHAT IS AN ACADEMIC PLAN?**

An “academic plan” is simply a semester-by-semester plan of coursework to ensure that you meet your program requirements, graduate on time and have the necessary courses for university transfer. Your advisor will customize your plan based on your area of study, intended major and requirements of the institution you would like to attend after Triton.



March is a great time to prepare for fall registration by meeting with your academic advisor to create an academic plan.

Schedule an appointment with your advisor today!

**RESOURCES FOR UNDOCUMENTED STUDENTS**



Triton College strives to create a supportive learning environment for all students and offers a resource page for undocumented students and their families – [triton.edu/students/undocumented-student-resources](https://triton.edu/students/undocumented-student-resources).

Have a question or need assistance? Reach out to our liasons!

**MARK YOUR CALENDAR**

**REGISTRATION**

**Summer registration is now open!**

Get ahead this summer and register now for the best selection of classes.

Fall registration will open on Monday, April 21.

**SPRING BREAK**

Spring Break 2025 – No classes, main campus is open March 17-March 21, 2025 and partial campus access for special events is March 22-23, 2025

**THINKING OF ADDING ANOTHER CLASS THIS SEMESTER?**

There is still time to register! Late-start spring classes begin the week of March 24.

**QUOTE OF THE MONTH:**  
Continuous improvement is better than delayed perfection. – Mark Twain