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Triton College

For immediate release: **March 6, 2023**

Triton College Hosts Second Annual Mental Health and Wellness Resource Fair

RIVER GROVE, Ill. – The Triton College Counseling & Wellness Support Services will host its Second Annual Mental Health and Wellness Resource Fair, on Wednesday, April 12, from 11 a.m.-2 p.m., in the Student Center Cafeteria (B Building). This event is free.

The Second Annual Mental Health and Wellness Resource Fair will feature various campus departments, community organizations, mental health agencies and student organizations that offer services to enhance the mental health and wellness of Triton College students.

Students are invited to come and learn about the services and resources available to them to maintain their well-being throughout their college careers.

Free giveaways and refreshments will be available.

For more information, please contact sylviasztark@triton.edu.

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Media Contact

Maryann Pisano

Staff Writer

maryannpisano@triton.edu

(708) 456-0300, Ext. 3202

ABOUT TRITON COLLEGE

Triton College is a two-year college dedicated to helping members of the 25 Western Cook County communities in our district and beyond to achieve educational, professional and

personal success. Located in River Grove, Ill., Triton offers more than 120 degree and certificate programs on its 110-acre campus, featuring a comfortable, friendly and diverse atmosphere. Triton also holds classes at satellite locations and offers online learning opportunities. Triton's dedicated faculty and staff work to provide high quality, convenient and affordable educational opportunities to more than 14,000 students each year. Triton College is accredited by the Higher Learning Commission. Learn more at <http://www.triton.edu/>.